

BELINDA JU (茹元真)

New York City
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Belinda Ju is a dancer and dancemaker who explores themes of identity, meaningmaking, and care. Her current dance project explores non-traditional infrastructures of care and the practice of liberation. Her previous performances were about the anxieties of identity, about the somatic experience of grief through walking, and a ritual of protection and healing. Belinda's work is inspired by scholarship in critical theory, art, philosophy, and politics. It incorporates influences as wide-ranging as psychosocial theory, science fiction, and Wiccan casting. Belinda has performed in venues including Judson Church, Dixon Place, the Museum of Modern Art (MoMA), and the Bates Dance Festival. Earlier this year for *In Dance* magazine, she published an essay called "[Care. Liberation. Now. – Changing Shape, Shaping Change.](#)" You can learn more about her at www.belinda.dance.

I. ORIGINAL WORK – CHOREOGRAPHY & PERFORMANCE



A Ritual of Protection and Healing
MUCK performance series
East Village, Manhattan • October 17, 2020

A ritual in preparation for a surgery, it incorporated Wiccan casting, invocation of a heifer, and participatory meditation.



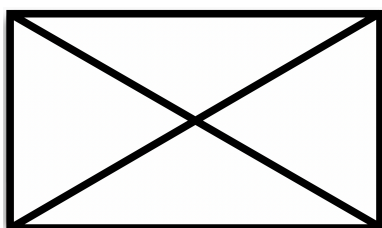
走 ("Zou")
Open Performance series @ Movement Research
New York, NY • December 17, 2019

走 explores the somatic experience of grief through walking. Pronounced "zǒu" in Mandarin, it is a word that means both "to go" and "to walk." Incorporating the internal Chinese martial art baguazhang's central practice of walking in circles, the piece explores grief as an atelic process. The piece vibrates with themes of fragility, fear, control, balance, falling, discovery, and return.



Constellations of the Ego
Dixon Connect/Max4 series @ Dixon Place
New York, NY • May 30, 2019

This work explores the anxieties of identity. It counts as influences Erik Erikson's model of psychosocial development, family constellation therapy, and Iain M. Banks's science fiction.



Rain
Stanford University Dance Department
Stanford, CA • Autumn 2007

A non-conceptual movement study. Student performance for Choreography course with Anthony Kramer, Chair of Dance Department.

II. DANCE PERFORMANCE

Janis Brenner, *Moving, Sounding, and Acting: Improvisation & Liberation* (2019)
Judson Memorial Church @ New York, NY

Jennifer Monson, *iLANDing* (2019)
Museum of Modern Art @ New York, NY

mayfield brooks, *Improvising While Black/IWB* (2019)
Museum of Modern Art @ New York, NY

iele paloumpis and Jaime Ortega, *Untitled* (2019)
Museum of Modern Art @ New York, NY

Jaamil Olawale Kosoko, *The Transgressive Body* (2019)
Museum of Modern Art @ New York, NY

Lisa Nelson, *Tuning Scores* (2019)
122 Community Center @ New York, NY

Ishmael Houston-Jones, *Dancing Text/Texting Dance* (2019)
Museum of Modern Art @ New York, NY

Pat Catterson and Yoshiko Chuma, *Secret Journey, Rove* (2019)
Judson Memorial Church @ New York, NY

Stephanie Martinez, *Revels in the High* (2018)
Bates Dance Festival @ Lewiston, ME

Movement of the People Dance Company, *Song and Dance You* (2017)
Barnard College @ New York, NY

III. THEATRE PERFORMANCE

Vagina Monologues (2011)
Eve Ensler (playwright) / Savannah Greene (director)
Stanford University @ Stanford, CA

A Crooked Line (2008)
Ju Yon Kim (playwright) / Alex Mallory (director) / Asian American Theater Project
Stanford University @ Stanford, CA

IV. DANCE TRAINING

Dance Techniques

Ballet Rachel List • Yuka Kawazu • Rika Onizuka • Studio E School of Dance

Modern Simonson (Sasha Soreff) • Horton (Karen Arceneaux) • Limón (Limón
Dance Company) • exposure to Graham, Cunningham, Hawkins •
eclectic (Robert Moses, Michael Foley)

Jazz Stephanie Martinez • Boulder Jazz Dance Workshop

Postmodern / Experimental / Contemporary Dance & Performance Art

Miguel Gutierrez • Jaamil Olawale Kosoko • Thomas F. DeFrantz •
Ishmael Houston-Jones • Lisa Nelson • Jennifer Monson • Luciana
achugar • Pat Catterson • Yoshiko Chuma • Jon Kinzel • Gwen Welliver

Improvisation Janis Brenner • mayfield brooks • Jay Ruby

Somatic Dance Irene Dowd • iele paloumpis • Jaime Ortega

Social Dances Richard Powers (waltz, latin, swing) • Miguel de Sousa (west coast
swing)

African Diasporic Dance Movement of the People Dance Company • Nadia Hagen

Butoh Nathan Montgomery

Dance Intensives

Movement Research’s MELT Intensive • Bates Dance Festival’s Professional Training Program • Boulder Jazz Dance Workshop • The International Partner Dance Intensive • multiple west coast swing conventions

V. MOVEMENT TRAINING

Movement Techniques

Physical theater & Ensemble devising SITI with Anne Bogart, Frantic Assembly, Pilobolus, The Carpetbag Brigade

Martial arts Taekwondo (black belt, Andrew Park), baguazhang (Thad Wong)

Circus arts Acroyoga, stilts, aerials

Somatics Alexander technique (Alan Katz)

Meditation Nearly 150 nights on silent meditation retreat

Movement Intensives

SITI with Anne Bogart • Frantic Assembly • Pilobolus • The Carpetbag Brigade’s Global Stilt Congress

VI. VOICE TRAINING

Meredith Monk • Janis Brenner • mayfield brooks • Nick Slie

VII. EDUCATION

Bartenieff Fundamentals: Laban/Bartenieff Institute of Movement Studies (2018): 14 hours

Laban Movement Analysis: Laban/Bartenieff Institute of Movement Studies (2018): 16 hours

Somatic Anatomy and Physiology: Lissa Michalak & Dana Davison (2017): 16 hours

M.S., Stanford University: Management Science & Engineering (2010-2012)

B.A., Stanford University: Human Biology (2006-2010)